

Mosquitoes.

West Nile Virus.



YOU CAN PROTECT YOURSELF

- ◆ Use Insect Repellent
- ◆ Wear Long-Sleeved Shirts and Pants when Outdoors
- ◆ Install or Repair Window Screens
- ◆ Avoid Being Outdoors at Dawn and Dusk
- ◆ Drain Standing Water

For more information contact the
Bureau of Health
Maine Department of Human Services
www.MainePublicHealth.org
1-800-821-5821

